

**Nepal Trek 2024: Everest View Trek  
 Tentative Itinerary**

<b>Date</b>	<b>Activity</b>	<b>Hotel/Teahouse</b>
Sun Nov 10	Arrive Kathmandu Visit Monkey Temple and Boudhanath Stupa Welcome dinner	D  Hotel in Kathmandu
Mon Nov 11	Travel to Kumari in jeeps Work projects at school	B, D Tents in Kumari
Tues Nov 12	Kumari Activities and celebration with the children	B, L, D Tents in Kumari
Wed Nov 13	Return to Kathmandu Free time Pre-trek packing and meeting	B, L  Hotel in Kathmandu
Thurs Nov 14	Flight: Kathmandu 4,383 ft (1336m) to Lukla 9,350 ft (2860m) Begin trek to Phakding or Toktok 8,700 ft (2600m) 6.5 km, 4 miles, 4 hrs	All meals included on trek Teahouse Phakding or Toktok
Fri Nov 15	Phakding or Toktok to Namche Bazaar 11,270 ft (3446m) 7 km, 4.5 miles, 6½ hrs	Khumbu Lodge Namche Bazaar
Sat Nov 16	Rest and acclimatization day at Namche Bazaar	Khumbu Lodge Namche Bazaar
Sun Nov 17	Namche Bazaar to Deboche 12,687 ft (3867m) We pass the famous monastery at Tengboche before descending to Deboche 6.5 km, 4 miles, 6½ hrs	Teahouse Deboche
Mon Nov 18	Deboche to Namche Bazaar 6.5 km, 4 miles, 6½ hrs	Teahouse Namche Bazaar
Tues Nov 19	Namche Bazaar to Lukla 9,350 ft 7-8 hrs,	Teahouse Lukla
Wed Nov 20	Flight to Kathmandu Free afternoon,	Hotel Kathmandu
Thurs Nov 21	Daytrip to Bhaktapur (optional) (or Spare day in case of inclement weather for flight to Kathmandu) Depart for home in evening	All meals on own  Flight home