

**Nepal Trek 2018: Everest View Trek
 Tentative Itinerary**

Date	Activity	Hotel/Teahouse
Mon Oct 15	Arrive Kathmandu by early afternoon Visit the Buddhist Stupa of Boudhanath Welcome dinner	
Tues Oct 16	Orientation Meeting Meet children, welcome ceremony	
Wed Oct 17	Work day	
Thurs Oct 18	Party and celebration with the children	
Fri Oct 19	Field Trip with the children Pre-trek packing and meeting	
Sat Oct 20	Flight: Kathmandu 4,383 ft (1336m) to Lukla 9,350 ft (2860m) Begin trek to Phakding 8,700 ft (2600m) 6.5 km, 4 miles, 4 hrs	All meals included on trek Teahouse Phakding
Sun Oct 21	Phakding to Namche Bazaar 11,270 ft (3446m) 7 km, 4.5 miles, 6½ hrs	Khumbu Lodge Namche Bazaar
Mon Oct 22	Rest and acclimatization day at Namche Bazaar	Khumbu Lodge Namche Bazaar
Tues Oct 23	Namche Bazaar to Deboche 12,687 ft (3867m) We pass the famous monastery at Tengboche before descending to Deboche 6.5 km, 4 miles, 6½ hrs	Teahouse Deboche
Wed Oct 24	Deboche to Namche Bazaar 6.5 km, 4 miles, 6½ hrs	Teahouse Namche Bazaar
Thurs Oct 25	Namche Bazaar to Lukla 9,350 ft 7-8 hrs, Celebration Dinner with guides and porters	Teahouse Lukla
Fri Oct 26	Flight to Kathmandu Free afternoon, celebration dinner in evening	Hotel Kathmandu
Sat Oct 27	Daytrip to Bhaktapur (or Spare day in case of inclement weather for flight to Kathmandu) Depart for home in evening	All meals on own Flight home