

Nepal Trek 2017: Everest View Trek Tentative Itinerary

Date	Activity	Hotel/Teahouse
Mon Oct 30	Arrive Kathmandu by early afternoon Visit the Buddhist Stupa of Boudhanath Welcome dinner	
Tues Oct 31	Orientation Meeting Meet children, welcome ceremony	
Wed Nov 1	Work day	
Thurs Nov 2	Party and celebration with the children	
Fri Nov 3	Field Trip with the children Pre-trek packing and meeting	
Sat Nov 4	Flight: Kathmandu 4,383 ft (1336m) to Lukla 9,350 ft (2860m) Begin trek to Phakding 8,700 ft (2600m) 6.5 km, 4 miles, 4 hrs	All meals included on trek Teahouse Phakding
Sun Nov 5	Phakding to Namche Bazaar 11,270 ft (3446m) 7 km, 4.5 miles, 6½ hrs	Khumbu Lodge Namche Bazaar
Mon Nov 6	Rest and acclimatization day at Namche Bazaar	Khumbu Lodge Namche Bazaar
Tues Nov 7	Namche Bazaar to Deboche 12,687 ft (3867m) We pass the famous monastery at Tengboche before descending to Deboche 6.5 km, 4 miles, 6½ hrs	Teahouse Deboche
Wed Nov 8	Deboche to Namche Bazaar 6.5 km, 4 miles, 6½ hrs	Teahouse Namche Bazaar
Thurs Nov 9	Namche Bazaar to Lukla 9,350 ft 7-8 hrs, Celebration Dinner with guides and porters	Teahouse Lukla
Fri Nov 10	Flight to Kathmandu Free afternoon, celebration dinner in evening	Hotel Kathmandu
Sat Nov 11	Daytrip to Bhaktapur (or Spare day in case of inclement weather for flight to Kathmandu) Depart for home in evening	All meals on own Flight home